Children Transitioning to Kindergarten Activities Week 6

Parents, provided for you are activities to help your child prepare for kindergarten. The activities align with domains of the Early Learning Outcomes Framework (ELOF). If you have questions about your child’s development refer to your classroom teacher when she/he communicates with you. Thank you!

Visit <https://eclkc.ohs.acf.hhs.gov/interactive-head-start-early-learning-outcomes-framework-ages-birth-five> to learn more about School Readiness and the ELOF.

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| **Day 1. Approaches to Learning;** focuses on how children learn. It refers to the skills and behaviors that children use to engage in learning. |
| Activity: Play a game where your child learns to take turns. |

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| **Day 2. Social and Emotional**; Positive social and emotional development in the early years provides a critical foundation for lifelong development and learning. |
| **Activity**: Ask your child “What makes you sad” What makes you happy” How do you feel when someone hugs you, etc. Children need to learn to label their emotions. This activity will help your child correctly label their emotions. |

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| **Day 3. Language and Literacy**; Communication is fundamental to the human experience, and language and literacy are essential to children's learning |
| **Activity:** Give your child a piece of paper and pencil, let her/him draw a picture. Ask her questions about her/his picture. Write down her picture and write down the answers. This will give your child the opportunity to use language while thinking at a higher level. It may look like this. Child draws a picture of her family. Questions may be; What do you like to do with your family, Why does your mom look happy, What do you think you and your family can do in the summer, etc |

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| **Day 4. Cognition**: development includes reasoning, **memory**, problem-solving, and thinking skills that help young children understand and organize their world. For preschoolers, this evolves into complex mathematical thinking and scientific reasoning. |
| **Activity**: Plant any kind of seed or bean with your child. Discuss with your child what the plant will need to grow. Put the planted seed/bean near a window. Measure it each week to see how it grows. If you do not have a measuring use a strip of paper with numbers on it. |

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| **Day 5. Perceptual, Motor, and Physical Development** is foundational to children's learning in all areas because it permits children to fully explore and function in their environment. |
| **Activity**: Count how many times you and your child can jump, hop etc |