Children Transitioning to Kindergarten Activities

Week 2

Parents provided for you are activities to help your child prepare for kindergarten. The activities align with domains of the Early Learning Outcomes Framework (ELOF). If you have questions about your child’s development refer to your classroom teacher when she/he communicates with you. Thank you!

Visit <https://eclkc.ohs.acf.hhs.gov/interactive-head-start-early-learning-outcomes-framework-ages-birth-five> to learn more about School Readiness and the ELOF.

**Day 1. Approaches to Learning;** focuses on how children learn. It refers to the skills and behaviors that children use to engage in learning.

**Activity:** Ask your child what they did today. Starting with wake up, ask. “What did you next”. It ok to give hints. Recalling helps children’s memory skills and helps them learn sequencing (what comes next)

**Day 2. Social and Emotional**; Positive social and emotional development in the early years provides a critical foundation for lifelong development and learning.

**Activity:** We all have our ups and downs and children are no different! Helping theme express their feelings and emotions can go a long way toward keeping your household calm. Start by making a feelings cube for children. Tape pictures (pictures of family members, magazine clippings, or images found online) of people expressing a variety of different emotions to a small box. Toss it like a dice and name and model the emotions.

**Day 3. Language and Literacy**; Communication is fundamental to the human experience, and language and literacy are essential to children's learning

**Activity:** Make play doh using 1 cup of flour, 1 teaspoon of oil and add water until is has a consistency of play doh. Let your child assist and ask open ended questions about what she/he is doing. Make a rebus card (recipe with pictures)

When playing with play doh ask your child to describe what she/he to describe what she/he is doing with the playdoh (e.g. rolling, pinching, cutting, pounding)

**Day 4.Cognition**: development includes reasoning, memory, problem-solving, and thinking skills that help young children understand and organize their world. For preschoolers, this evolves into complex **mathematical thinking** and scientific reasoning.

**Activity**: Using a ruler, shoelace or piece of string, measure how long the couch, chair, person is. Use math words such as long, longer, wide, length, etc. Using math words help your child connect the words to measuring and increase their vocabulary.

**Day 5. Perceptual, Motor, and Physical Development** is foundational to children's learning in all areas because it permits children to fully explore and function in their environment.

**Activity**; Lay on the floor, feet to feet with your child. Use riding a bike motion and sing row, row, row your boat.