#### **ABOUT OUR SOCIAL MOBILITY CENTERS**

The Matrix Human Services Social Mobility Centers are a group of programs and services provided through our Adult and Senior Division. The collective goal of these Centers is to further support families and rebuild neighborhoods in Detroit.

We believe these programs and services, along with the support of our compassionate staff, have the capacity to move a person from poverty to self-sufficiency. By offering a strong hand-up, not just a hand-out, we help to ensure real and lasting change in the lives we touch.

The Matrix Human Services Social Mobility Centers are located inside The Matrix Center, our thriving community hub in Detroit's east-side Osborn neighborhood. The 60,000 square foot community center is home to a network of programs and services, including more than 150 mission partner organizations, all designed to meet the unique needs of our greater Detroit area community.



#### **ABOUT MATRIX HUMAN SERVICES**

At Matrix Human Services we've touched hearts and changed lives to fight poverty since 1906.

Matrix offers positive life experiences, assistance with basic needs, education, and comprehensive supportive services that defuse crisis, treat individual and family problems, prevent abuse and address neglect.

With more than 30 locations, Matrix serves more than 20,000 individuals annually through a diverse range of programing including the largest early education program in Detroit, three teen runaway shelters, one of the largest HIV outreach programs in the state, and a massive, thriving community center located in Detroit's east-side Osborn neighborhood. Discover more online.

www.MatrixHumanServices.org (313) 831-1000





# ADULT & SENIOR SOCIAL MOBILITY CENTERS

Located in The Matrix Center 13560 E. McNichols, Detroit MI 48205 (313) 526-4000





# MATRIX HUMAN SERVICES

### SOCIAL MOBILITY CENTERS

# The Matrix Human Services SOCIAL MOBILITY CENTERS provide essential services and support to adults and seniors helping thousands of people reach life-changing goals.

"We believe the programs, services and support of our Social Mobility Centers have the capacity to move a person from poverty to self-sufficiency."



#### **COMMUNITY FINANCIAL CENTER**

Services and support designed to assist clients in reaching their personal economic upward mobility goals.

#### Services within this Center include:

- One-on-one financial coaching and counseling
- Free credit reports and FICO scores
- Financial capabilities classes
- Tax Prep Assistance (during tax time only)

#### **WORKFORCE DEVELOPMENT CENTER**

The ability to secure and maintain gainful employment is at the heart of social and economic mobility.

#### Services available through this Center include:

- Soft skills training
- One-on-one career coaching and counseling
- Resume, cover letter and job search assistance
- Employment resources and referrals

#### **HOUSING CENTER**

Housing is a basic essential need. Our Housing Center assists the community in trying to meet this need.

#### Services and programs within this Center include:

- Low cost affordable housing options
- Housing resources and referrals

#### **EDUCATION CENTER**

Designed to help those in the community without a high school diploma or GED achieve those accomplishments.

#### Services and programs within this Center include:

- 100% Online High School Diploma Program
- Education resources and referrals

NOW IS THE PERFECT TIME TO TAKE CHARGE OF YOUR DESTINY!

#### **RESOURCE CENTER**

Many agencies and organizations provide vital services to assist a person moving from poverty to self-sufficiency. Our Resources Center was designed to connect clients with available resources to help address their needs.

#### Services and programs for this Center include:

- · Assistance locating untapped community resources
- Connections to FREE resources (energy efficient light bulbs, refrigerators and more)

#### **CENTER FOR SENIORS**

Matrix has been assisting older adults in maintaining healthy, active and whole lives for more than 6 decades.

The Center for Seniors helps our senior population maintain healthy, enjoyable and independent lives.

Comprehensive services include assistance with transportation to medical appointments, home care services to help support clients remain living in their own homes, and helping our older population remain active with a range of programs at Detroit recreational centers.

## Services and programs that help achieve these goals include:

- Personal home care services (cleaning, cooking, laundering and more)
- Free community recreation activities Including water-chair aerobics, community luncheons, health fairs, field trips and more.
- Low cost non-emergency medical transportation



