



MATRIX HUMAN SERVICES 2015

PROGRAMS

PRESENTING SPONSOR

DTE Energy



ABOUT MATRIX HUMAN SERVICES

Matrix Human Services, a 501(c)3 organization, has served the Detroit community and surrounding areas for more than 108 years. The League of Catholic Women led the way in 1906 with a vision and mission to fight poverty. Today our mission remains the same as we continue to touch hearts and change lives in our community. With 12 programs at more than 30 locations, Matrix Human Services serves more than 25,000 individuals and families each year.

Matrix is leading dynamic change across the country in 2014 with our Transition to Success™ (TTS) Model. This poverty model, implemented across all Matrix programs, coordinates care for basic needs, learning to read, getting an education (including GED and higher education), financial literacy and volunteerism. It has been our vision to have a national model of care that frames poverty as a condition that requires treatment and not a character flaw. That dream is today becoming a reality. We are changing the mindset of community leaders and those we serve by providing a realistic pathway to improved health and economic self-sufficiency.

The administrative fee for Matrix Human Services in 2013/2014 was 11.9%. This means that 88¢ of every dollar donated to Matrix directly benefits programs.



MATRIX HUMAN SERVICES PROGRAMS EDUCATIONAL PROGRAMS

Matrix Head Start (MHS) (Est. 1981)

Currently operating in Southwest Detroit, MHS will expand its service area to include Central-Downtown and East Detroit. MHS is a federally funded, comprehensive program serving low-income children ages zero to five and their families. Increasing center locations from 14 to 28 by January 2015, MHS will serve 1,927 children. MHS embraces the cultural differences, strengths and the uniqueness of our community and teaches in three languages English, Spanish and Arabic. The program is designed to continually develop collaborative projects to integrate services and more efficiently utilize community resources and funding. Our multifaceted program establishes Matrix Human Services as a leader in early childhood education and childcare.

2051 Rosa Parks Blvd., Suite 1K, Detroit, MI 48216 • (313) 962-5255
1(844)4HS-INFO

WE ARE MAKING A DIFFERENCE: For more than ten years, 100% of our children (1,103 enrolled) receive hearing and vision screening. 98.5% of Matrix Head Start children (1,103 enrolled) are up to date on their immunizations at no cost to the program, utilizing existing healthcare funding streams. Following an independent evaluation of Transition to Success™ in Head Start statistically significant improvements occurred in five areas including Food, Adult Education, Life Skills, Community Involvement, and Financial Management.



Matrix Human Services Central Office
120 Parsons Street, Detroit, MI 48201
(313) 831-1000 | matrixhumanservices.org

SERVING DETROIT SINCE 1906

MISSION

Inspired by its heritage since 1906, Matrix Human Services advocates for and serves the most vulnerable in the community and empowers individuals and families to enhance the quality of their lives and achieve self sufficiency.

VISION

Matrix, a proven leader in uniting all human service efforts to move individuals and families toward self-sufficiency in our time with your help... eradicating poverty of the mind, body and spirit.

In 2013/2014 Matrix Human Services formed 157 successful collaborative partnerships at the Matrix Human Services Center.



MATRIX HUMAN SERVICES PROGRAMS BARAT CHILD AND FAMILY SERVICES

Matrix Human Services Center (The Matrix Center) (est. 2006)

Stands as a hub in the community offering youth and families, adults and seniors an array of needs assessments, supportive services and referrals designed to break the cycle of poverty through collaboration with more than 150 mission partners. Programs are designed to meet the needs of the residents of the City of Detroit and surrounding areas. Programs include Casa Maria safe after-school programming for youth ages 5-16, Clients' Choice Food Pantry, Computer/Academic and Financial literacy, Counseling, Employment Skill-building, Family activities, the Arts, Head Start. 13560 East McNichols, Detroit, MI 48205 • (313) 526-4000

WE ARE MAKING A DIFFERENCE: Serves more than 2,500 individuals and families weekly. Over 50,000 individuals received food from the Food Pantry with an estimated value of \$1,500,000.80% of students participating in individualized care management (TTS™) programming (87 in total) demonstrated at least one grade level improvement in reading and math. In 2013/2014 Matrix, in partnership with Forgotten Harvest, distributed approximately 240,000 pounds of food in the Osborn Community to feed children and families.

Matrix Off The Streets (MOTS) (est. 1986)

Provides voluntary crisis intervention and supports to families and youth. Shelter and Transitional Living services include safe stay, counseling, case management, transportation to and from school, life skills and opportunities for recreation. Non-residential, Street Outreach and other prevention-oriented supports are also available. Matrix Off The Streets offers services 24 hours a day, 7 days a week, to youth who are runaways, potential runaways, homeless or facing possible at-risk and crisis situations. 680 Virginia Park, Detroit, MI 48202 • (313) 873-0678

WE ARE MAKING A DIFFERENCE: 75% (73 of 97) of youth housed at Off The Streets had stable housing placements to family or other caregivers. In a 90-day follow up survey, 63% were currently enrolled in school or a training program; 84% reported having medical insurance; and 84% reported having access to healthcare.



Matrix Youth Assistance Program (MYAP) (est. 2004)

Provides innovative after-school in-school and summer youth programming for public schools, charter schools, and community youth ages 7-17. Our staff excels in finding ways to help our community youth define and obtain their goals in all areas of life.

- After-School Services - Youth services include weekly groups such as academic support, substance abuse prevention, conflict resolution, cultural activities, computer classes, and recreational activities.
- One on One Supports- Our participants engage in individual counseling, career counseling, college preparation, and in-school visits.
- In-School Services - Schools and organizations, whether public or private, can request the Youth Assistance Program to provide customized and helpful group and individual youth services at your location.

450 Eliot, Detroit, MI 48201 • (313) 831-7927

WE ARE MAKING A DIFFERENCE: In 2013/2014 fiscal year YAP served an estimated 83 youth. 89% of our participants reduced school truancy. 83% of reduced truancy from school and home. 90% of our participants reduced substance use. 83% reduced incorrigible behavior. 86% of decreased participation in bullying/cyber bullying behavior. 90% increased their grade point averages.



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The Matrix Employment Center (est. 2009)

The Matrix Employment Center aids clients in their search to secure employment offering job leads, readiness workshops, and employment opportunities. Supportive services and referrals provide an opportunity for clients to build a personalized plan allowing them to live a life of self-sufficiency.

13560 East McNichols, Detroit, MI 48205 • (313) 526-4000 ext. 1235

WE ARE MAKING A DIFFERENCE: Of the 251 participants enrolled in the Matrix Employment Center in 2013/2014, 30% were placed in jobs, and 25% were placed in training programs, or internships. This, in spite of a 14.6% unemployment rate in the city of Detroit, compared to a State rate of 9% and a national average of 6.7%. This does not include job placements after exiting the program. 100% of clients enrolled (251 in total) have completed a Map of My Dreams and participated in employment, financial literacy, and Cognitive Behavioral Training sessions. 49%, 19 of 39 clients enrolled in the Matrix Employment Center without a GED obtained their GED during their involvement with the program.



Matrix Senior Wellness Services (MSWS) (est. 1953)

Provides recreational, social, educational and wellness activities, case coordination, nutrition assistance, transportation for non-emergency needs, housekeeping, personal care and information and referral services for Detroit seniors.

450 Eliot, Detroit, MI 48201 • (313) 831-8650

WE ARE MAKING A DIFFERENCE: In 2013-2014, Bridging the Gap enrolled 264 individuals and provided the connection to resources and services valued at \$80,803. 446 food vouchers were supplied to senior clients with a value of \$13,380. In 2013-2014, the Senior Center enrolled 147 clients and provided 3,736 hours of wellness services which included exercise programs, socialization opportunities and nutrition and health education. 251 senior clients were provided assistance with chore services and personal care, allowing them to remain in their own homes in independent living, eliminating any out-of-pocket costs that would have exceeded \$58,700. (3,916 hours @ \$15/hr.)

Matrix Bridging the Gap (MBTG) (est. 2012)

Our program works with individuals 35+ to help make connections to resources that help with immediate needs and to help them achieve a future that is economically stable. Our team identifies resources for transportation, food distribution, living support services, wellness services and other existing benefits. The resources provided assist in stabilizing an individual's financial and independent living conditions for the future.

450 Eliot, Detroit, MI 48201 • (313) 831-8650 ext. 1222

WE ARE MAKING A DIFFERENCE: In 2013-2014, Bridging the Gap enrolled 264 individuals and provided the connection to resources and services valued at \$80,803.



MATRIX HUMAN SERVICES PROGRAMS

ADULT PROGRAMS

In 2013/2014 Matrix volunteers donated approximately 270,000 hours* of service.

***Not including volunteer opportunities coordinated by other human service organizations.**



Matrix Partnerships for Housing and Landlord Alliance (MPHLA) (est. 2004)

Assists individuals (both men and women) and families to find and maintain affordable housing. Services focus on improving employment skills, education and life skills, supporting self-sufficiency, recovery, parenting, and role modeling for a better life for them and their family. Relationships between the landlord or Management Company, the client/tenant, and Matrix supportive services provide a strong foundation for continued success in a client's life.

13560 East McNichols, Detroit, MI 48205 • (313) 526-4000 ext. 1235

WE ARE MAKING A DIFFERENCE: Since inception of MPHLA in 2004, 7 clients received Master's degrees, 13 received Bachelor's degrees and 20 received Associate's degrees. In addition 15 of their children received college scholarships. In FY 2013-14, 60% of current MPH clients (18 of 30) returned to school to continue their education. Since 2004, 100% of the clients in the MPHLA program have an income level to support their monthly housing costs.

Recognizing a need for graduated levels of independent living, Landlord Alliance relationships are expanding to congregate housing opportunities for those in need of more intensive case management and supportive services.

Matrix Ryan White HIV/AIDS Program (est 1994)

The Ryan White program provides comprehensive services to assist individuals living with HIV/AIDS. Offering service coverage that extends across Wayne, Oakland, Macomb, St. Clair, Monroe and Lapeer counties, the Matrix Ryan White Program's safety net ensures patients are linked and maintained in medical care through medical and community service referrals, mental health therapy, in-home care, case management, and so much more.

120 Parsons, Detroit, MI 48201 • 1-877-931-3248

WE ARE MAKING A DIFFERENCE: 100% of non-adherent persons living with HIV who were at the highest risk of transmitting HIV to others successfully completed all sessions of Prevention Case Management (served 21 clients, funded for 20). 90% of referrals to supportive services (food, clothing, etc.) made to clients enrolled in non- medical case management were successful (203 referrals out of 225).



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TRANSITION TO SUCCESS™

Developed by Matrix Human Services, Transition to Success™ is a demonstrated standard of care that addresses poverty as a treatable condition not a character flaw. Marcella Wilson, Ph.D., Matrix President and CEO built the Transition to Success™ framework with the ultimate goal of designing a systematic approach to addressing the social determinants and impacts of poverty.

TTS™, funded in part by the W.K. Kellogg Foundation, is now a scalable, sustainable, multi-generational, measurable, evidence based collective impact business model that integrates treatment for poverty across health care, human services, education, faith based organizations and government programs.

TTS™ trains direct care staff to work with clients to define a CARE™ (Coordinating All Resources Effectively) Plan and a "Map of my Dreams™." The CARE™ Plan addresses immediate basic needs of food, healthcare and shelter, while the "Map of my Dreams™" plots long term goals leading to financial stability and improved health. Transition to Success™ coordinates care for basic needs, literacy, getting an education, (including GED and higher education for parents), financial literacy and volunteerism; all key components for self-sufficiency.

TTS™ direct care workers work with clients to identify, prioritize and ensure access to all services and supports, maximizing the existing, already funded delivery network.

Matrix programs are rooted in our Transition to Success™ Model. This system of care is designed to transition individuals and families out of poverty to a life of economic self-sufficiency, discovering their purpose and finding their place in the community.

To learn more contact us at (313) 831-1000 Ext. 1163



Matrix is now offering TTS™ training to those who work directly with clients as well as individuals who want to train others. Participants will learn this system of care that follows a logical, unified approach to protect and improve health and economic self-sufficiency. Upon completion, those trained as trainers teach others how to treat poverty while creating a renewable revenue source for their agency. The best part.... Transition to Success™ can be implemented within current funding with no legislative or policy change.

WE ARE MAKING A DIFFERENCE: For fiscal year 2013-2014, Matrix trained 38 Transition to Success™ trained trainers, 72 direct care worker professionals and 360 additional individuals across health, education, government and human services organizations (470 individuals in total). Transition to Success™ is embedded into every Matrix Human Services program with nearly 80% of all staff trained. In the summer of 2014, Transition to Success™ was selected as a Clinton Global Initiative. Utilizing the TTS™ Model, Matrix engaged 48 new corporate sponsors in 2012/2013. This is an estimated increase of 60% from 2011. In a recent study funded by the Community Foundation of Southeast Michigan, 216 returning citizens received Transition to Success™ services over a three year period. The recidivism rate back to prison was 7% compared to the national average of 43.3%, as indicated by the 2004 Pew Report (Kale Report 2012).



MATRIX HUMAN SERVICES PROGRAMS SOCIAL ENTERPRISES

MATRIX *Clothes To The Heart* RESALE



Matrix Quality Care (MQC) (Est. 2008)

A social enterprise program offering light house keeping, chore services, personal care and transportation to the Metro Detroit community. The revenue from Matrix Quality Care is used to support programming for low income seniors through the Matrix Reuther Older Adult and Wellness Services program. Matrix Quality Care services are affordable and provided by pre-screened, qualified, trained and responsive professionals who design care programs to meet individual needs. Whether you would like help for a few hours a day or need us 24 hours a day, a Caregiver is available for you. We offer flexible schedules, including days, evenings, weekends and holidays. Matrix Quality Care is just a phone call away!

120 Parsons, Detroit, MI 48201 • (313) 831-8650

Clothes to the Heart formerly known as Bargain Counter North (Est. 1925)

A non-profit clothing resale shop in Oakland County. Volunteers sell donated women's vintage, new and used clothing, accessories and decorative objects to benefit Matrix Human Services programs for the poor.

2741 Twelve Mile Road, Berkley, MI 48072 • (248) 541-6100



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COMMUNITY AWARENESS & TRAININGS

Understanding and Treating Poverty

Experience the devastating impact of poverty driven by a dysfunctional system of care & learn of a new, promising framework that defines and treats poverty as a disease. Marcella Wilson, Ph.D., applies her extensive knowledge in healthcare and human services to create a presentation that is educational, inspirational and promotes a system of care that truly impacts poverty.

The number of children and families living in poverty in this country is beyond alarming. Currently 49.7 million Americans live in poverty with a resounding 20% being our children. (Census Bureau) The Transition To Success™ (TTS) Model frames a logical process to fight poverty and drive self-sufficiency.

WatRUFightn4.org (est. 2009)

An online initiative aimed towards inspiring social activism, volunteerism and civic engagement in youth and young adults. Visit our website for a free download of the video.

WE ARE MAKING A DIFFERENCE: More than 40 countries/territories and 5 different continents have visited our website following the September 10, 2009 launch & video debut. In June of 2010 the documentary was awarded an EMMY®.

For information on any of the Community Awareness/ Training initiatives contact: 120 Parsons, Detroit, MI 48201 • (313) 831-1000

Be Silent No More (Est. 2011)

A nationally recognized diversity awareness training provides real solutions to racism, intolerance and bullying affecting Detroit and our nation. In 2009, 932 active hate groups were documented in the United States—26 right here in Michigan. It is estimated that 160,000 children in America miss school every day due to fear of attack or intimidation by another student according to the National Education Association. This one hour workshop is based upon Dr. Marcella Wilson's nationally recognized Emmy award winning WatRUFightn4? video. Be a Part of the Solution. "Be Silent No More" will inspire and impact your organization in a truly meaningful way.



MATRIX HUMAN SERVICES
TOUCHING HEARTS, CHANGING LIVES

Matrix Human Services has an extensive history of supporting other not-for-profits, providing Affiliates with fiduciary and operational support services.

Osborn Neighborhood Alliance (ONA)

The ONA functions as an independent body that empowers families to have all the resources and support necessary to make their children successful by creating an effective format for communication and cooperation between parents, residents, community leaders, business, clergy, law enforcement and school staff in the Osborn neighborhood. 13560 E. McNichols, Detroit, MI 48205 • (313) 344-6138 • osbornvoice.com

STARR Movement

This organization empowers, engages and serves disadvantaged and at-risk youth and communities working to break the cycle of poverty. **STARR Movement:** Standing Together Agreeing Representing Revolution starting in Detroit and moving worldwide! facebook.com/STARRMovement

AFFILIATE AGENCIES

WISE

WISE is a faith based organization whose mission seeks to build stronger families by empowering women and children to overcome barriers, become self-reliant, establish and achieve their physical, mental and spiritual goals.

w.i.s.e@live.com
facebook.com/Wisefaitbasedorganization

Sisters Inspiring Sisters Mentoring Group

Sisters Inspiring Sisters Mentoring Group's mission is to provide a safe and nurturing environment for positively impacting the development of youth socially, academically and physically. Key elements of the program include:

- Providing a safe and friendly environment where adolescent girls can openly engage in discussions.
- Offering positive advice to girls on challenging issues.
- Providing assistance and resources.
- Building community within the school.

461 Eliot Street, Detroit, MI 48201 • (313) 283-8887 • sismentoring.com

Wayne County

Matrix Human Services provides fiduciary services to Wayne County Department of Children and Family Services and Wayne County Sheriff's Office that include payroll processing, benefits, human resources and other back office services.

For more information about Affiliate Agencies and fiduciary services please contact Matrix Human Services Human Resources Department at 313.831.1000 x. 1117



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ENGAGEMENT OPPORTUNITIES

THERE ARE NUMEROUS WAYS YOU CAN
ASSIST IN OUR FIGHT AGAINST POVERTY!

GET INVOLVED!

CHOOSE MATRIX HUMAN SERVICES AS YOUR
INDIVIDUAL OR CORPORATE PARTNER.



MATRIX HUMAN SERVICES
TOGETHER, WE CAN FIGHT POVERTY.

ORGANIZATIONS & GROUPS

- Become a Community Partner
- Sponsor a Matrix Signature Event
- Join our Comprehensive Campaign
- Join the Matrix Giving Society
- Inquire about Naming Opportunities
- Organize a Service Project
- Host a "Be Silent No More" Diversity Training
(provides solutions to racism, intolerance and bullying)
- Host a Fundraiser

INDIVIDUALS

- Leave a Legacy
- Become a Matrix Ambassador
- Become a Matrix Advocate
- Mentoring Opportunities
- Become a Matrix Consultant
- Give an In-Kind Gift
- Guest Speaker
- Volunteer your Time
- Register your Kroger Card

"I live here, I give here!"

CONTACT US TO LEARN MORE



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MATRIX HUMAN SERVICES

CONTACT

MATRIX HUMAN SERVICES CENTRAL ADMINISTRATIVE OFFICE
120 PARSONS STREET, DETROIT, MI 48201 | 313.831.1000

TO LEARN MORE ABOUT MATRIX HUMAN SERVICES, TO GET INVOLVED OR DONATE
VISIT US ONLINE

www.matrixhumanservices.org



MATRIX
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"Touching Hearts, Changing Lives"
Established 1906